

## EBM Mentoring Program

If you decide that joining Doula UK is not an option for you. I am please that from January 2020 I am offering you mentoring. This can be given in various ways.

Examples of requiring my mentoring service are:

- You are not able to access Doula UK mentoring because of where you are working in the world.
- You might want to be mentored through Doula UK for specific work for example Postnatal. You might then take on a few births and would like some support with that. These can be as one off sessions.
- You might have completed your mentoring and you would just like to debrief and gain some support with a specific job.

What is on offer:

<p>Option 1:</p> <ul style="list-style-type: none"><li>- Support through working with client.</li><li>- On-call support for birth</li><li>- Debrief after birth (1 hour).</li><li>- Follow up with any links or services required.</li></ul> <p>This is per client.</p> <p>£50</p>	<p>Option 2:</p> <ul style="list-style-type: none"><li>- Support through working with client</li><li>- On call support for births</li><li>- Debrief after minimum of 3 births and/or 3 postnatal client (1 hour).</li><li>- 6 monthly review via Skype (1 hour)</li></ul> <p>This is over 18 months.</p> <p>£315</p>	<p>Option 3:</p> <ul style="list-style-type: none"><li>- One off formal supervision/debrief.</li><li>- 1.5 hour</li><li>- Via skype</li><li>- Summary write up of session for your records.</li></ul> <p>This is a one off session.</p> <p>£25</p>
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