**Breast Anatomy and Physiology**

**Breastfeeding is a key component for midwives to discuss with women and pregnant people. It is helpful for you to understand the structures of the breast.**

**Please see the diagram below and label the diagram correctly: this is printable.**



Nipple

Areola

Lobes/Lobules

Milk Reservoirs

Lactiferous Ducts

Montgomery’s Tubercles

**Take a few moments to research and look up how it all works.**

**A really good video to watch is** [**Breast Anatomy and Lactation**](https://www.khanacademy.org/test-prep/mcat/organ-systems/mcat-reproductive-system/v/breast-anatomy-and-lactation)